



# The Children's Therapy Center

## Feeding Questionnaire

\*\*\*\* Please bring 3 preferred and 3 non-preferred foods with your child to the evaluation \*\*\*\*

Child's Name: \_\_\_\_\_

Child's DOB: \_\_\_\_\_ Person Completing Form: \_\_\_\_\_

1. What is the current method of feeding?  
\_\_\_\_\_ NPO \_\_\_\_\_ PO \_\_\_\_\_ NG tube \_\_\_\_\_ G tube \_\_\_\_\_ GJ tube

2. Was your child successful with a bottle? \_\_\_\_\_ Yes \_\_\_\_\_ No

Problems observed: \_\_\_\_\_

3. When did your child begin solids? (cereal, Baby food) \_\_\_\_\_

Did your child progress through solids? \_\_\_\_\_ Yes \_\_\_\_\_ No

Check all that apply below:

\_\_\_\_ Baby cereal \_\_\_\_ Stage 1 \_\_\_\_ Stage 2 \_\_\_\_ Stage 3 \_\_\_\_ Purees \_\_\_\_ Soft chewables \_\_\_\_ Hard chewables

4. Does your child drink a variety of liquids? \_\_\_\_\_ Yes \_\_\_\_\_ No

Which ones: \_\_\_\_\_

When? \_\_\_\_ before \_\_\_\_ during \_\_\_\_ after meals

Via: \_\_\_\_ bottle \_\_\_\_ sippy cup \_\_\_\_ drink box \_\_\_\_ open cup \_\_\_\_ straw

5. Is your child able to self-feed? \_\_\_\_\_ Yes \_\_\_\_\_ No

With: \_\_\_\_ fork \_\_\_\_ spoon \_\_\_\_ finger feed

6. What is your child's arousal level during feeding?  
\_\_\_\_ deep sleep \_\_\_\_ light sleep \_\_\_\_ drowsy \_\_\_\_ quiet/alert \_\_\_\_ active/alert \_\_\_\_ crying Other: \_\_\_\_\_

7. What behaviors does your child exhibit during feeding? \_\_\_\_\_

8. Feeding schedule:

Breakfast: Time: \_\_\_\_\_

Foods: please list: \_\_\_\_\_

Lunch: Time: \_\_\_\_\_

Foods: please list: \_\_\_\_\_

Dinner: Time: \_\_\_\_\_

Foods: please list: \_\_\_\_\_

Snacks: Time: \_\_\_\_\_

Foods: please list: \_\_\_\_\_

9. Does your child receive supplemental feeding? \_\_\_\_\_ Yes \_\_\_\_\_ No

If yes, describe: \_\_\_\_\_

10. How long is each meal? \_\_\_\_\_

11. Describe the environment where your child usually eats (such as room, type of chair, music/tv on).  
\_\_\_\_\_

12. Does your child eat **more/less** (circle one) foods in different environments, in school, outside events, etc?  
Does your child eat **same/different** (circle one) foods in different environments?  
Please describe: \_\_\_\_\_

13. Please list your child's favorite foods to eat? \_\_\_\_\_  
\_\_\_\_\_

14. Please list any foods that your child refuses? \_\_\_\_\_  
\_\_\_\_\_

If different from your child's refused foods, please list foods that are difficult for your child to eat? \_\_\_\_\_  
\_\_\_\_\_

15. Is there a texture/consistency that your child prefers?  
\_\_\_puree\_\_\_ lumpy\_\_\_ crunchy\_\_\_ liquids\_\_\_ chewy\_\_\_ other: \_\_\_\_\_

16. Is there a texture/consistency that your child dislikes or refuses?  
\_\_\_puree\_\_\_ lumpy\_\_\_ crunchy\_\_\_ liquids\_\_\_ chewy\_\_\_ other: \_\_\_\_\_

17. Please list any evaluations and or treatments if you have previously tried to help your children with his/her problem: \_\_\_\_\_  
\_\_\_\_\_

18. Please describe any other comments about your child's feeding: \_\_\_\_\_  
\_\_\_\_\_

19. What are your goals for your child in regards to their feeding? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Please bring this questionnaire completed along with other suggested items to the initial feeding evaluation. We appreciate your time and participation in helping us provide a thorough feeding evaluation for your child.**

**Suggested items:**

- **Previous feeding evaluation reports (ie swallow studies)**
- **GI evaluations**
- **Any special seating equipment for feeding time**
- **Typical utensils used for feeding (bottle, cup, fork, plate, etc)**
- **Unsuccessful or refused food items**
- **Preferred food items**
- **Variety of textured foods—purees (baby foods, applesauce, pudding, etc.)**  
**Soft chewables (cooked vegetables, etc)**  
**Hard/crunchy chewables (cereal, crackers, chips, etc)**